

Doctor/Healer-Patient Agreement

It's All About Collaboration

As doctor and patient, you and I are entering into a sacred partnership. I will not give you orders because we will be collaborating, and your voice is as important as mine, if not more so. Because we will be partners, I feel it is important to clarify and agree upon what our relationship will entail, what you can expect of me, and what I expect of you.

I am here to support you, guide you, offer you tools, and support your process, but I will not “fix” you - for I don't believe you are broken.

You Can Heal Yourself

I believe you hold within you great self-healing powers, and my goal is to facilitate this process, while also offering you the best diagnostic and treatment options I have in my arsenal. Although I will support you in every way I can by educating you, giving you choices, answering your questions, and making treatment recommendations, you are here to be the force behind your own healing. If you are not ready, willing, or able to actively participate in the healing process, I will be here to nurture and support you, but the process will be less powerful, with less dramatic results.

We Are Equals

You are my cherished equal. In order for our partnership to be successful, we must respect each other. You will not put me on a pedestal, and I will not look down upon you. I will make every effort to speak to you when you are dressed. I accept that my time is not more valuable than yours. As doctor and patient, we will respect each other's time and commit to being fully present during visits.

I Trust Your Intuition

I will call upon my knowledge, experience, and resources to offer you recommendations for preventative care, diagnostic workups, and treatment plans, but I will also invite you to listen to the intuition of your healing inner wisdom, your body, and your soul. I will explain why I make the recommendations I do, but I will always respect your autonomy, without judgment. If you choose not to follow my advice, we will negotiate another plan that resonates with your intuition. If I am unable to provide the care you need or desire, I will release you to find another provider without taking it personally. You will understand if our current medical-legal climate makes me ask you to sign a release sometimes, so please don't take it personally. I will respect you, guide you, and help you discover the healing power within you. In exchange, I ask that you follow through on any treatment plan we agree upon. If our treatment plan does not resonate with your body's wisdom, or if you have financial constraints, please tell me so that we can modify our plan. Follow through is key.

We Must Be Honest With Each Other

We have to be open and tell the truth, even if it is painful or uncomfortable. I will promise you confidentiality, and you must promise to tell me anything I need to know in order to provide the best medical care possible. We must trust that we are safe together, so we can explore things that may be tough to explore. In exchange, I promise not to judge you.

I'm Doing The Best I Can, And So Are You

As doctor and patient, we agree to accept that we're both doing the best we can at any given time, and we won't always get it right. We commit to open communication, mutual respect, a belief in the infinite capacity for whole health and healing, and a dedication to cherishing the process and viewing health issues as an opportunity to seek higher ground.

We acknowledge that, between you and me, anything is possible.

Are you on board? If so, sign here.

Your Doctor